## RULES AND GUIDELINE

Sicamous & District Minor Hockey is a small Association with a proven and successful track record. Player development, education, and having fun are the main goals of our association. SDMHA is a volunteer organization. Our success is through the hard work and dedication of those who give of their time to work with our players.

**CODES OF CONDUCT**

Conduct by all individuals involved with SDMHA is expected to be respectful and uphold the principles of good sportsmanship. To ensure this standard is met, all Team Officials (coaches, HCSP, managers,), parents and players will be required to sign off on a code of conduct. Parent and Player codes of conduct will be collected at the time of registration. These must be completed before a player will be permitted to attend tryouts or attend their first ice time. It is the responsibility of the Team Manager to ensure codes of conduct are completed by parents and players in their Division. Once all forms are collected the Team Manager will provide these to the Secretary of SDMHA. Coach and other team officials will complete Codes of Conduct when they are appointed their respective positions. It is the responsibility of the Team Manager to collect all completed Team Official Codes of Conduct and pass them on to the Secretary of SDMHA. The Board of Directors will sign off on a Code of Conduct at the first official meeting of the Board in any given season. These will be collected by the President and submitted to the Secretary of SDMHA.

**ARENA CODE OF CONDUCT**

SDMHA is obliged to follow a specific code of conduct when using the Sicamous and District Recreation Centre. Players/Parents & Coaches are reminded of the following expectations:

* Dressing rooms are to be left clean with all garbage placed in the containers provided.
* Use of balls, sticks, pucks etc. is strictly prohibited in hallways, dressing rooms, and common areas.
* Coaches are not permitted to use board glass as an instructional tool – coach boards are required.
* Any damages incurred inside The Sicamous and District Recreation Centre by a player/team are the responsibility of said individual(s).
* When SDMHA teams are in other Associations facilities they are reminded that they are representing not only themselves and their team but they are also representing SDMHA and Sicamous. They should conduct themselves accordingly.
* SDMHA expects all players/parents/coaches to respect their opponent and their opponents fans at all times. This is a child’s game and any abuse of fans, officials, players or coaches is strictly prohibited.

SDMHA reserves the right to suspend any participant who engages in abusive conduct.

**ON ICE GUIDELINES**

The SDMHA’s goal is to teach players the love of the game of hockey and the importance of sportsmanship and teamwork. To achieve these goals the Association has expectations of the coaching staff and players that must be upheld.

The three things we try to instill in our players are:

* 1. HAVE FUN!!!!!
  2. LISTEN TO YOUR COACHES
  3. TRY YOUR BEST

**For the safety of the players and coaching staff**

* Gloves and helmets must be worn at all times
* Absolutely no hitting with sticks
* Absolutely no kicking with skates
* Absolutely no checking from behind
* Absolutely no hurting another person on purpose in any manner

If any of these instances occur, the player will be escorted off the ice and not allowed back until they are ready to participate in a safe manner. If it occurs a second time during the ice time the player will be asked to leave for the remainder of the practice/game. If this behavior continues the coaching staff will speak with the parents to figure out how to resolve the issue.

**To help build sportsmanship and teamwork during practices and games**

Coaches Players

arrive on time arrive on time

come prepared listen to the coaches

encourage everyone participate in the practice

During games the team will applaud good plays and performances by both us and our opponents. We will not ridicule or demean players. We will acknowledge that everyone is learning and playing as hard as they can. We will learn from ours and others mistakes in a constructive manner.

**DISCIPLINE GUIDE FOR TEAM OFFICIALS**

Team Officials (Coaches, Assistant Coaches, Safety Persons and Managers) shall be responsible for supervising and controlling the conduct of their players before, during and after each game. Failure by Team Officials to control the conduct of their players before, during or after each game (i.e. dressing room vandalism, bench brawls, lobby and parking lot altercations, etc.) may result in suspension and/or other disciplinary action to the player(s) and Team Official(s) responsible. In addition, the cost of any damages shall be paid by those involved.

If a coach is ejected from a game it will be the responsibility of the ejected coach to report their ejection to the SDMHA Executive in writing within 48 hours of the ejection along with all the details in writing.  The Team Manager may be asked by the Executive to gather any additional information surrounding the event for presentation to the discipline committee. The discipline committee will then follow the guidelines in helping make a decision.

**DISCIPLINE GUIDE FOR PLAYERS**

The Discipline Guidelines are to be administrated in accordance with By‐Laws and policies.    It should be noted that the best discipline can be achieved through positive reinforcement. The guide below should be used only when positive avenues have been exhausted.

1) Discipline can be applied by any team official through the coach.  However, any suspension of more   
 than one game must be approved by the President or designate or applied by the Discipline   
 Committee. The executive and/or president reserve the right to apply extra discipline should they   
 feel it is warranted.

2) Any incident occurring during a game to be handled by the Discipline Committee must be in the   
 form of a written submission or official time sheet handed into the President within 48 hours of the   
 alleged incident. Incidents where awareness of responsible individual may not be immediately   
 known (e.g., theft) should be reported within 48 hours of a team official becoming aware of and   
 confirming the responsible individual.

3) BC Hockey suspensions are minimum suspensions and further suspensions or discipline may be

added to by the Discipline Committee or the Executive and or the President as per the Discipline

Guide.

4) All infractions during a game or when the players are under the direct control of a Referee will be

dealt with as per Hockey Canada and BC Hockey rules.

5) At each discipline meeting minutes of the meeting shall be recorded and filed with the Secretary of

the Association.

6) All written records other than the final decision of the Discipline Committee shall be held in

confidence on file and may be reviewed by the Discipline Committee or the President or the person

to whom the discipline complaint applies.

7) Under no circumstances will such documentation be copied or communicated in any way other than

what is required to further the appeals procedure.

8) Any discipline rulings will be forwarded in writing and posted to the last known address to the said

individuals.

**OFFENCE LEVELS**

**First Level Offence:**

1. Horseplay: Any activities unrelated to hockey that has the potential to cause injury to the participant or participants.

2) Refusing to participate.

3) Lateness or unexcused absence.

4) Messing up the dressing room.

5) Swearing.

6) Other minor misbehavior.

**Second Level Offence:**

1) Fighting (off ice, practices, and dressing rooms).

2) Insubordination to Coaching Staff.

3) Harassment of Arena Staff.

4) Hindering others from participating.

5) Harassment of others.

6) Other major misbehavior.

**Third Level Offence:**

1. Drugs/Alcohol: Any player while at a SDMHA sponsored event is found with drugs and/or alcohol on his/her possession or is under the influence of a drugs or alcohol.
2. Theft: Any player proven to have engaged in thievery at SDMHA sponsored activity or venue.
3. Vandalism or other illegal misbehavior: Any player proven to have engaged in vandalism or other

illegal misbehavior at a SDMHA sponsored activity or venue.

**DISCIPLINE GUIDE FOR PLAYERS**

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| --- | --- | --- | --- | --- |
| **OFFENSE LEVEL** | **NO. OF OFFENSES** | **DISCIPLINE \*\*\*** | **ASSIGNED BY** | **REPORTED TO WHOM** |
| First Level | 1 | 1 period (20 minutes off ice) | Coach (current) | Parent |
|  | 2 | 2 periods (40 minutes off ice) | Coach (current | Parent |
|  | 3 | 1 game or practice | Coach (current) | Parent + SDMHA Head Coach + President |
|  | 4 | 1 game or practice | Coach (current) | Parent + SDMHA Head Coach + Board |
| Second Level \* | 1 | Dismissal (Current ice) + next 3 ice times | Coach (current) + Discipline committee | Parent + SDMHA Head Coach + President + Discipline Committee |
|  | 2 | Dismissal (current ice) + 2 weeks | Coach (current) + Discipline committee | Parent + SDMHA Head Coach + President + Discipline Committee |
|  | 3 | Dismissal (current ice + 4 weeks | Coach (current) + Discipline committee | Parent + SDMHA Head Coach + President + Discipline Committee |
|  | 4 | Dismissal (current ice) + remainder of season | Coach (current) + Discipline committee | Parent + SDMHA Head Coach + President + Discipline Committee |
| Third Level \*\* | 1 | Dismissal (current ice) + 2 weeks | Coach (current) + Discipline committee | Parent + SDMHA Head Coach + President + Discipline Committee |
|  | 2 | Dismissal (current ice) + remainder of season | Coach (current) + Discipline committee | Parent + SDMHA Head Coach + President + Discipline Committee |

\* For second level offences that were committed against another individual, before reinstatement the player must offer a personal face to face apology.

\*\* For third level offences that involve theft, property damage or other cost to a victim, the player must offer a personal apology and where requested reimburse the victim before reinstatement.

\*\*\* Each offence will be dealt with on an individual basis. If deemed necessary disciplinary action may be carried over from one season to the next. The discipline committee will advise the President for discipline that differs from the guidelines.

**DISCIPLINE GUIDE FOR PARENTS AND SPECTATORS**

Parents and spectators at SDMHA games and functions are responsible for their own conduct. They must endeavor to exhibit orderly conduct before, during, or after any hockey games involving Sicamous and District Minor Hockey Association teams. Any On‐ice Official, Off‐ice Official or Executive Member may eject or suspend parents or spectators from any game if they display the following conduct:

1) Uses obscene or profane language or abusive gestures to ANY person on or off the ice surface.

1. Displays un‐sportsmanlike conduct, either individually or collectively at any function associated with a SDMHA team or event.
2. Brings discredit to the Association for persistent infringement of the Association’s rules pertaining to the game of hockey.
3. Failure to comply with the By‐Laws of the Association, Okanagan Mainline Hockey Association, BC

Hockey or Hockey Canada.

5) Persists in disrupting or showing repeated disrespect for any ruling by any Official.

**ANY PARENT OR SPECTATOR WHO, AFTER ONE (1) WARNING BY AN EXECUTIVE MEMBER,**

**OFF‐ICE OFFICIAL OR ON‐ICE OFFICIAL PERSISTS IN ABUSIVE CONDUCT, THAT PERSON**

**SHALL BE ORDERED TO LEAVE THE ARENA PREMISES. THE GAME SHALL BE HALTED**

**UNTIL SUCH TIME AS THE PARENT OR SPECTATOR HAS COMPLETELY REMOVED HIMSELF**

**OR HERSELF FROM THE BUILDING.**

1. Where a parent or spectator has been ejected from a game for abusive conduct, an Off‐Ice Official

(time keeper, scorekeeper, tournament co‐ordinator and team manager) or Executive Member shall

report said incident to the SDMHA President / Executive and Discipline Committee, who may then

assess further penalties to the parent or spectator.

1. Offences covering the abuse of On‐Ice, Off‐Ice Officials, Teams or any member of the Association

by any parent or spectator of a SDMHA event may result in the following recommended penalties to that person or persons as recommended by the President or Discipline Committee:

1. First Offence – Game ejection, removal or immediate suspension from the Arena with a

report sent to the President and Executive and the Discipline Committee. The Discipline Committee shall rule on the incident. Minimum one (1) game – maximum three (3) months involving ALL SDMHA teams.

1. Second Offence – Game ejection and removal from the Arena and prohibited to attend any

game for a minimum or three (3) months – maximum two (2) years involving ALL SDMHA teams or events.

1. First offences will be erased from parent or spectator records after two (2) calendar years, at the

request of the individual.

1. The above rules and regulations do not preclude any rules or regulations as laid out by laws and

bylaws for the District of Sicamous, but are meant to enhance the responsibility of all parents and spectators attending Minor Hockey events.

**FAIR PLAY CODE**

### PARENT - CONTRACT

It is the intention of this CONTRACT to promote fair play and respect for all participants within the Association. All parents must sign this pledge before being allowed to participate in hockey and must continue to observe the principles of Fair Play.

### FAIR PLAY CODE

I will not force my child to participate in hockey.

I will remember that my child plays hockey for his or her enjoyment, not mine.

I will encourage my child to play by the rules and to resolve conflict without resorting to hostility or violence.

I will teach my child that doing one's best is as important as winning so that my child will never feel defeated by the outcome of the game.

I will make my child feel like a winner every time by offering praise for competing fairly and hard. I will never ridicule or yell at my child for making a mistake or losing agame.

I will remember that children learn by example. I will applaud good plays and performances by both my child's team and their opponents.

I will never question the official's judgment or honesty in public. I recognize officials are being developed in the same manner as players.

I will support all efforts to remove verbal and physical abuse from children's hockey games.

I will respect and show appreciation for the volunteers who give their time to hockey for my child.

I agree to abide by the principles of the FAIR PLAY CODE as set by Hockey Canada and supported by the Association.

I also agree to abide by the rules, regulations and decisions as set for the Sicamous & District Minor Hockey Association.

PRINT

NAME DATE

SIGNATURES:

PARENT PARENT

# FAIR PLAY CODE

### PLAYER CONTRACT

It is the intention of this contract to promote fair play and respect for all participants within the Association. All players must sign this contract stating that they will observe the principles of the Fair Play Code before being allowed to participate in hockey.

### FAIR PLAY CODE

I will play hockey because I want to, not because others or coaches want me to. I will play by the rules of hockey and in the spirit of the Game.

I will control my temper - fighting or "mouthing-off" can spoil the activity of everyone. I will respect my opponents.

I will do my best to be a true team player.

I will remember that winning isn't everything - that having fun, improving skills, making friends and doing my best are also important.

I will acknowledge all good plays and performances - those of my team and my opponents.

I will remember that coaches and officials are there to help me. I will accept their decisions and show them respect.

I agree to abide by the principles of the FAIR PLAY CODE as set by Hockey Canada and supported by the Sicamous & District Minor Hockey Association.

I also agree to abide by the rules, regulations and decisions as set by the Sicamous & District Minor Hockey Association.

PRINT

NAME DATE

SIGNATURE:

PLAYER TEAM NO.

### TEAM OFFICIALS’ CONTRACT

It is the intention of this CONTRACT to promote fair play and respect for all participants within the Sicamous & District Minor Hockey Association. All coaches must sign this CONTRACT before being allowed to participate in hockey and must continue to observe the principles of Fair Play.

FAIR PLAY CODE

I will be reasonable when scheduling games and practices remembering that young athletes have other interests and obligations.

I will teach my athletes to play fairly and to respect the rules, officials, opponents and teammates.

I will ensure all athletes receive equal instruction, discipline, support and appropriate, fair playing time.

I will not ridicule or yell at my athletes for making mistakes or for performing poorly. I will remember that children play to have fun and must be encouraged to have confidence in themselves.

I will make sure that equipment and facilities are safe and match the athlete's ages and ability.

I will remember that children need a coach they can respect. I will be generous with praise and set a good example.

I will obtain proper training and continue to upgrade my coaching skills.

I agree to abide by the principles of the FAIR PLAY CODE as set by Hockey Canada and supported by the Sicamous & District Minor Hockey Association.

I also agree to abide by the rules, regulations and decisions as set by the Sicamous & District Minor Hockey Association.

PRINT

NAME DATE

SIGNATURE:

TEAM OFFICIAL TEAM NO.

### ON-ICE OFFICIALS CONTRACT

It is the intention of this CONTRACT to promote fair play and respect and respect all participants within the Sicamous & District Minor Hockey Association. All on-ice officials must sign this CONTRACT before being allowed to participate in hockey and must continue to observe the principles of Fair Play.

### FAIR PLAY CODE

I will make sure that every player has a reasonable opportunity to perform to the best of his or her ability, within the rules.

I will avoid or remedy any situation that threatens the safety of the players. I will maintain a healthy atmosphere and environment for competition.

I will not permit the intimidation of any player either by word or action. I will not tolerate unacceptable conduct towards myself, other on-ice officials, players, coaches or spectators.

I will be consistent and objective in calling all infractions, regardless of my personal feelings towards a team or individual player.

I will handle all conflicts firmly but with dignity.

I will accept my role as teacher and role model for fair play, especially with young participants. I will be open to discussion and contact with players before and after the game.

I will remain open to constructive criticism and show respect and consideration for different points of view. I will obtain proper training to upgrade my officiating skills.

I will work in co-operation with coaches for the benefit of the game.

I agree to abide by the principles of the FAIR PLAY CODE as set forth by Hockey Canada and supported by the Sicamous & District Minor Hockey Association.

I also agree to abide by the rules, regulations and decisions as set forth by the Sicamous & District Minor Hockey Association.

PRINT

NAME DATE

SIGNATURE:

0N-ICE OFFICIAL

# FAIR PLAY CODE

### BOARD OF DIRECTORS CONTRACT

It is the intention of this CONTRACT to promote fair play and respect and respect all participants within the Sicamous & District Minor Hockey Association. All Board Members must sign this CONTRACT before being allowed to participate in hockey and must continue to observe the principles of Fair Play.

### FAIR PLAY CODE

I will do my best to see that all players are given the same chance to participate, regardless of gender, ability, ethnic background or race.

I will absolutely discourage any sport program from being primarily an entertainment for the spectator. I will make sure that all equipment and facilities are safe and match the athletes' age and abilities.

I will make sure that the age and maturing level of all participants are considered in program development, rules, enforcement and scheduling.

I will remember that play is done for its own sake and make sure that winning is kept in perspective. I will distribute the fair play codes to spectators, athletes, officials and media.

I will make sure coaches are capable of promoting fair play as well as the development of good technical skills and I will encourage them to become certified.

I agree to abide by the principles of the FAIR PLAY CODE as set forth by Hockey Canada and supported by the Sicamous & District Minor Hockey Association.

I also agree to abide by the rules, regulations and decisions as set forth by the Sicamous & District Minor Hockey Association.

PRINT

NAME DATE

SIGNATURE:

BOARD MEMBER: